



Homemade Soups-\$5.99 16oz
CHICKEN VEG- MINESTRONE
- BEEF BARLEY-SPLIT P-

WRAP OF THE WEEK

Chicken Cutlet, Mac-n-Cheese,
Bacon Bits, BBQ Glaze
Served w/ bag of chips
\$8.99

PANINI OF THE WEEK

Grilled Chicken, Grilled Prosciutto
Provolone, Broccoli Rabe',
Balsamic Glaze
Served w/ bag of chips
\$8.99

Wraps-\$8.99

w/ pasta salad, ff or chips Beverage
1- Grilled Portobello Mushroom,
Roasted Peppers, Gorgonzola, Mixed
Greens, Balsamic Glaze
2- Chicken Cutlet w/ Grilled Ham,
Swiss, Let, tom Ranch Dressing

Grilled Paninis-\$8.99

w/ pasta salad, ff or chips + Beverage
3- Grilled Cornbeef w/ Swiss, saurkart,
russian dressing
4- Cajun Grilled Shrimp, Avocado,
Arugula, Sundried Tomatoes, Ranch
WHOLE WHEAT PANINIS AVAILABLE

THE DELI -\$8.99

w/ chips, FF or Pasta salad-Beverage
5-Salami, Fresh Mozz, Roasted Peppers,
Artichokes, O+V hero
6- Chicken Salad, Crispy Bacon, baby
spinach, tomatoes, mayo on a croissant

HEROS-\$8.99

w/ pasta salad, ff or chips + Beverage-
7- Honey Turkey, Swiss, Let, Sundried
tomatoes, Chipotle Dressing
8- Breaded Eggplant, Fresh Mozzarella
Spinach G+O w/Roasted Pepper Dressing

Pastas-\$8.99

w/ salad, bread and beverage
9-Penne Alla Vodka
10-Baked Ziti Fra' Diavolo
11- Bowtie Al Pesto w/ Mozzarella

Famous Fried Chicken

2 Pieces- \$7.95
4 pieces \$9.95
Includes 1 Side:
Mashed Pot, Steamed Veggies
Broasted Potatoes or Pasta Salad
w/ can soda or sm water

Hero Of The Day \$8.99

MeatBall Vodka Parm
Melted Provolone
On a Garlic Hero
w/ chips and a drink

Quesidillia Spec \$8.99

Pulled Pork
Sauteed onions, Cheddar
Russian Dressing
w/ nacho chips + can of your choice
Mikes Choice \$8.99
Grilled Roastbeef, Marinara,
Melted Smoked Mozz On
Brioche Bun w/ FF+Drink

THE RACHEL RAY \$9.95

13- Veggie Burger Wheat Roll
Fresh Avocados, Chipotle Dressing
Let, Tom Pepper Jack w/chips

 **SALADS**

Sm- \$8.95 Lg \$9.95
14- Dry Tuna Salad, Arugula,
tomatoes, Strawberries, Feta,
slivered Almonds-Mandarin Ginger
Dressing

15- Teriyaki Grilled Chicken
Caesar Salad w/ Carrots, Baby
Corn and Cheddar Cheese

Asian Salad \$9.95

Asian Fried Chicken Dumplings
Baby Spinach, Sun Dried Tomatoes
Beets. Corn. Sun Flower Seeds

16

Grilled Chicken w/ Grilled
Ham, Cheddar
Honey Mustard Platter
Side of Sautéed Veggie
10.95

ACAI BOWLS

Sm 5.99 Lg 7.99
Served w/
Blueberries, Strawberries,
Bananas, granola, Coconut
and honey.....
Add on \$1.00 each
Nutella or Peanut Butter

The HangOver \$7.99

Egg Cheese Hash Brown w/
Philly Steak on a Roll
Blueberry Waffle
\$6.99

THE FELICIA

Shaved Balsamic Chicken
Arugula w/ Bruschetta Salad
Roasted Pepper Dressing
Fresh Mozzarella
On a Grilled Foccacia
\$9.99

w/ pasta Salad, FF or Chips

#17

Chicken Cutlet wrap w/
Ham Cappy, Let, Tom
Melted Swiss, Pesto Mayo
\$8.99 w/ chips and drink

#18 Lettuce Wrap

Honey Turkey, Avocados,
Slivered Almond, Cucumbers
Carrots, mayo, Lettuce Warp
\$8.99 w/ pasta salad + Drink

19

Egg Salad, Swiss, Sliced
Pickles on a Toasted Bagel
\$7.99 w/ chips + Drink

GREEK CORNER \$10.95

700- Chicken Souvlaki
w/Brown rice + Greek salad

#800- Broiled Tilapia w/
Greek salad and rice
Above Served w/ Pita